

JOANIE GREGGAINS PRODUCTIONS
P.O. BOX 2708
SAUSALITO, CA 94966

Phone: 415-332-8566
Fax: 415-332-0443
www.joaniegreggains.com
www.kgoam810.com

September 25, 2006

Michelle May, MD
Am I Hungry?
P.O. Box 93686
Phoenix, AZ 85070-3686

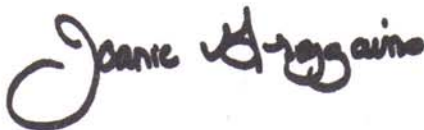
Dear Michelle:

Thank you so much for being a guest on my KGO Radio show recently. I thoroughly enjoyed interviewing you, as I know my listeners enjoyed hearing you.

In this world of quick fixes and misinformation with regard to weight loss, the sage and sound advice you brought to my audience was extremely helpful. I truly believe that the best advice always comes from those who practice what they preach. You not only have the compassion of one who has struggled with managing her own weight issues but you also the credentials to support the observations and advice you give. You have the gift of being able to empower people to take control of their health in a nonthreatening, positive, and can-do way.

Many listeners have contacted me since the show to express their interest in your book and website and to thank me for having such an interesting guest on the show.

All my best,

A handwritten signature in black ink that reads "Joanie Greggains". The signature is written in a cursive, flowing style.

Joanie Greggains